



Chemical Peels by Haley Brooke

Name:

DOB:

Chemical Peels are a non invasive chemical exfoliation procedure. The chemical peels vary in strength based on how many uniform layers are applied.

The mechanism of action is the denaturing of the stratum corneum (first layer of the skin), removing damaged or abnormal cells. This stimulates the inflammatory process, inducing the synthesis of new collagen and elastin within the dermis.

Indications

All Fitzpatrick Skin Types
Dry, Dehydrated or flaking skin
Oily, congested skin, enlarged pores
Fine lines and wrinkles
Uneven skin tone and pigmentation (e.g. keratosis pilaris)
Prepping modality or combination therapy
General facial rejuvenation

Contraindications of Chemical Peels

You should not undergo chemical peels if you are pregnant or breastfeeding.
Recent Roaccutane use
Poor autoimmune system
Cardiac concerns
Active infections (active acne or infectious lesions on the treatment area)
Recent unprotected sun exposure (e.g. sunburn), or swelling
History of hypertrophic scarring

Side Effects

Possible side effects of chemical peels include discomfort, sensitivity, tightness, erythema (redness, micro-crusting and flaking. Side effects may last from 1 – 2 weeks.

Complications

Possible complications of chemical peels include swelling, blistering, post inflammatory hyperpigmentation. Complications may last from 1 – 2 weeks.

Guarantee

There can be no guarantee of results and while some people achieve excellent results, it is possible you may need a longer series of treatments.

Pre Chemical Peel Care

Please call the clinic if you have any active infections, your appointment may need to be rescheduled. Do not wax and avoid sun exposure 1-2 weeks prior to your appointment.

People with darker skin types would benefit from using retinoids for a few weeks to reduce sensitivity. Remove any makeup prior to appointment.



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On the Day

Please arrive on time for your appointment, bring your own music if you like.
Pre Peel images will be taken, these may be used in comparison at your reviews.
Your skin will be given a double cleanse and wiped over with a prep solution. A cooling device will be given to you to use during Peel application to manage discomfort.

Post Peel Requirements

Avoid exposure to water for 4-6 hours post treatment.
Avoid excessive sun exposure, and heat for 48 hours following treatment
Do not pick at your face whilst it is healing.
Pain may be managed with standard paracetamol and a fan.
Application of 50+ SPF is recommended daily. A gentle non 'active' moisturizer and cleanser may be used for 2 weeks following the procedure.

Recommended Series

For general facial rejuvenation: a series of **3 - 6 sessions every 2-4 weeks.**
For Pigmentation and scarring: a series of **10 – 15 sessions every 2-4 weeks.**

Chemical Peel Fee Schedule

- 1 Session is **\$55.00**
 - A Series of 5 sessions **\$250.00**
 - A series of 10 sessions **\$450.00**
- Every session requires a \$35.00 non refundable booking deposit for any cancellation without 24hours notice, or a failure to arrive.

I agree that I have read and understood this treatment information. I agree that I have none of the contraindications and consent to proceed with the treatment as planned.	
Please tick if you agree.	
Client Signature	
Date:	

Further Questions?

Please contact Haley for further questions.

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