



## Micro-needling Information & Consent Form

**Name:**

**DOB:**

Skin Needling also known as microneedling is a minimally invasive and safe collagen induction procedure. Microneedling uses a pen like device with sterile, single use, stainless steel micro-needles that create controlled channels through the epidermis down to the dermis. These channels induce a wound healing cascade, stimulating the synthesis of new collagen and elastin.

### ***Indications***

All Fitzpatrick Skin Types  
Enlarged pores  
Lines and Wrinkles  
Uneven skin tone and pigmentation (e.g. actinic keratosis)  
Scarring (stretch marks, post acne, atrophic/ raised)  
Product infusion  
General facial rejuvenation

### ***Contraindications of Microneedling***

You should not undergo microneedling if you are pregnant or breastfeeding.  
Active infections (active acne or infectious lesions on the treatment area)  
Unprotected sun exposure (e.g. sunburn), or swelling  
Recent scarring  
Hypopigmentation  
Post inflammatory hyperpigmentation (PIHP)

### ***Side Effects***

Possible side effects of microneedling treatment include discomfort, sensitivity, erythema (redness), pin point bleeding, grazing and possible swelling. Side effects may last from 1 – 2 weeks.

### ***Complications***

Possible complications of microdermabrasion treatment include bleeding, bruising, swelling of fragile skin, PIHP. Complications may last from 1 – 2 weeks or more, Haley will take measures to address any concerns you may have.

### ***Guarantee***

There can be no guarantee of results and while some people achieve excellent results, it is possible you may need a longer series of treatments.

### ***Pre Microneedling Care***

Please call the clinic if you have any active infections, your appointment may need to be rescheduled. Do not wax and avoid sun exposure 1-2 weeks prior to your appointment.  
Remove any makeup prior to appointment.

### ***On the Day***

Please arrive on time for your appointment, bring your own music if you like.  
Pre Microneedling images will be taken, these may be used in comparison at your reviews.



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Your skin will be given a double cleanse and a topical anesthetic will be applied for 25 minutes. Your skin will be wiped over with a prep solution and microneedling will begin.

Pain management options during treatment include: a fan, cool water applied with damp cloth.

Following Microneedling treatment, a soothing cream will be applied liberally to the face.

#### Post Microneedling Requirements

Avoid excessive sun exposure, and heat for 48 hours following treatment

Do not pick at your face whilst it is healing.

Pain may be managed with standard paracetamol and cool compress.

Application of 50+ SPF is recommended daily. A gentle non 'active' moisturizer and cleanser may be used for 2 weeks following the procedure.

#### Recommended Series

For general facial rejuvenation: a series of **5 – 10 sessions every 2-4 weeks.**

For Pigmentation and scarring: a series of **10 – 15 sessions every 2-4 weeks.**

#### Microneedling Fee Schedule

- 1 Session is **\$155.00**
  - A Series of 5 sessions **\$800.00**
  - A series of 10 sessions **\$1550.00**
- Every session requires a \$55.00 non refundable booking deposit for any cancellation without 24hours notice, or a failure to arrive.

<b>I agree that I have read and understood this treatment information. I agree that I have none of the contraindications and consent to proceed with the treatment as planned.</b>	
Please tick if you agree.	
<b>Client Signature</b>	
<b>Date:</b>	

#### Further Questions?

Please contact Haley for further questions.

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